

Long-Term & Short-Term Care

Nursing home residents, both Long-Term (LTC) & Short-Term (STC), are protected by many rights guaranteed by Federal law. LTC & STC residents must be able to exercise these rights without interference, coercion, discrimination or reprisal --- as a resident of the nursing home and as a United States citizen/resident. Facilities are mandated to “protect & promote” rights, recognizing resident’s individuality.

Right to Be Informed: Rights/Rules/Regulations		Right to Participate in Treatment	
<ol style="list-style-type: none"> 1 Notices in language understood by resident. 2 Access to telephone, TTY/TDD services, internet. 3 Provide copy: rules/regulations/resident rights. 4 File complaint w/Dept Public Health + contacts. 5 Make most recent facility survey accessible. 6 Written notice: resident room/roommate change. 7 Info: accept/refuse medical/surgical treatment. 8 Notify resident repr./doctor if resident accident. 	<ol style="list-style-type: none"> 1 Provide health status in language resident understands (foreign, Braille, etc.). 2 Participate in or refuse experimental research. 3 Formulate an advance directive. 4 Self-administer drugs, if clinically appropriate. 5 Choose own physician (must meet certain criteria). 6 Informed, in advance: care plan changes, care, caregiver, risks/benefits, & treatment/alternatives. 		
Right to Access			
<ol style="list-style-type: none"> 1 Access/copy personal/medical records. May impose reasonable copy fee. 2 Receive visitors of his/her choosing. 3 Join in social, religious, community activities. 	<ol style="list-style-type: none"> 4 Access to personal doctor, state survey agency representative, Long-Term Care Ombudsman, etc. 5 Privately visit, communicate & associate with persons of one’s choosing, inside & outside facility. 		
Right About Financial Affairs		Right to Voice Grievances	
<ol style="list-style-type: none"> 1 Manage his/her financial affairs. 2 Information on available services & charges. 3 <u>Not</u> be charged for items/services paid by Medicaid/Medicare, required for care plan goals, prescribed dietary supplements, etc. 	<ol style="list-style-type: none"> 1 Voice grievances without discrimination, retaliation, or fear of reprisal. 2 Notify residents on how to file grievance/complaint. 3 Ensure prompt resolution to grievances. 		
Right for Respect & Dignity			
<ol style="list-style-type: none"> 1 Be treated with respect & dignity, recognizing Each resident’s individuality. 2 Be free from physical or chemical restraints. 3 Share room with consenting spouse or roommate when practicable. 	<ol style="list-style-type: none"> 4 Refuse room transfer solely for staff convenience/other defined situations. 5 Have safe, clean, comfortable “homelike” environment. 6 Use of personal possessions, unless infringes on health/safety of others. 		
Right for Self-Determination			
<ol style="list-style-type: none"> 1 Choose schedules(sleeping/waking), activities, etc. 2 Interact/participate with community activities. 3 Organize/participate in Resident/Family Councils. 4 Reasonable accommodation of resident needs/ Preferences (unless endangers others). 5 Practice religious beliefs, including dietary. 	<ol style="list-style-type: none"> 6 Request/participate in/refuse/discontinue treatment. 7 Develop/implement/revise person-centered care plan, & select participants. 8 Designate representative to exercise resident rights, to extent rights are delegated. 9 Access/copy personal & medical records. 		

Source: Title 42 of the Code of Federal Regulations: 483.10